

ALPHA CHIROPRACTIC CENTER, INC.

CORONAVIRUS PROTOCOLS FOR PATIENT, PROVIDER AND STAFF SAFETY

UNIVERSAL RULE: EVERYONE SELF MONITERS FOR SIGNS OF FEVER, MALAISE, COLD OR UPPER RESPIRATORY ILLNESS. NO ONE COMES TO OFFICE (PATIENTS, DOCTOR, STAFF) IF THEY HAVE A FEVER, MALAISE, COLD OR ANY SIGNS OF UPPER RESPIRATORY ILLNESS.

RISK: LOW

According to the CDC if no one has any symptoms and everyone is wearing a mask the risk of COVID-19 transmission is low. Without the self monitoring, the use of masks and maintaining distance as much as possible, OSHA lists jobs that require less than 6 feet distancing as medium risk.

According to "OSHA Guidance for Preparing Workplaces for COVID-19: "The virus is thought to spread mainly from person-to-person, including: ■ Between people who are in close contact with one another (within about 6 feet). ■ Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. It may be possible that a person can get COVID-19 by touching a surface or object that has SARS-CoV-2 on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the primary way the virus spreads."

STAFF:

1. Wash hands or clean with alcohol solution after entering office
2. Temperature and blood oxygen levels will be taken and documented once daily at work
3. Wear mask at all times. Masks are disinfected with alcohol spray at end of day and are allowed to dry.
4. Accepting Credit Card payments
 - a. Do not touch the card. Put processor up onto counter and let patient put the card in and take it out.
 - b. Press "yes" or "no" for receipt.
 - c. Remove our receipt and do not get a signature
 - d. Remove patient receipt if requested and hand to patient
5. Accept check and cash payments as usual and clean hands after handling
6. Remove container of pens from public counter. If patient asks for a pen, hand one to them and let them return it to counter. Pick pen up carefully and clean with alcohol and put aside to dry.
7. At lunch and end of day after all patients have left, spray and wipe down all door knobs, faucets, common light switches, toilet handle and common area surfaces with Clorox or alcohol disinfectant.
8. Manage patient flow so that there are no more than two people in the waiting room at any time. Tools to do that are careful scheduling and if it gets too busy, ask patients to wait in car until they are contacting to come in. Block out change over times between massage appointments in Dr. Cobb's schedule as soon as massage appointment is made.
9. Protective barriers around the front office are in place.

10.

THERAPISTS:

1. Wash hands or clean with alcohol solution after entering office
2. Temperature and blood oxygen levels will be taken and documented once daily when at work
3. Wear mask at all times. Masks are disinfected with alcohol spray at end of day and are allowed to dry.
4. Put a clean paper towel in personal item basket. Throw away if used after each client
5. Wipe down face cushion between clients with alcohol and replace with alternate cushion
6. Wipe down door knobs and any other surface that requires it, between patients
7. Do not loiter in hall way
8. Maintain usual protocol of changing sheets and washing hands between clients.

PROVIDER:

1. Wash hands or clean with alcohol solution after entering office
2. Temperature and blood oxygen levels will be taken and documented once daily at work
3. Wear mask at all times. Masks are disinfected with alcohol spray at end of day and are allowed to dry
4. Put clean sheet over adjustment table and change between patients
5. Put fresh paper over hand rests on table and change between patients
6. Clean door knobs between patients if they have touched the door
7. Clean hands with alcohol solution immediately before and after contacting patient
8. As much as possible, Dr. Cobb will do patient intake over the phone to decrease time spent together in the office